



# Ewige Bestenliste - Frauen

| 5km Frauen                   |         |                                  |         | 10km Frauen              |         |                            |         |
|------------------------------|---------|----------------------------------|---------|--------------------------|---------|----------------------------|---------|
| 1. Rehm,Sarah                | 0:18:51 | 51. Hoffmann,Maike               | 0:27:48 | 101. Groß,Klara          | 0:34:25 | 1. Rehm,Sarah              | 0:37:23 |
| 2. Zewe,Malu                 | 0:19:28 | 52. Keßler,Birgit                | 0:27:49 | 102. Rüll,Gisela         | 0:34:25 | 2. Thon,Conny              | 0:38:32 |
| 3. Valentin,Viviane          | 0:19:38 | 53. Engel,Nina                   | 0:28:03 | 103. Recktenwald,Emily   | 0:34:26 | 3. Dörr,Stephanie          | 0:39:31 |
| 4. Dörr,Stephanie            | 0:19:56 | 54. Riehm,Anna                   | 0:28:09 | 104. Zimmermann,Jasmin   | 0:34:26 | 4. Grabovac,Laura          | 0:40:21 |
| 5. Thon,Conny                | 0:20:00 | 55. Zimmer,Dorothea              | 0:28:13 | 105. Kleer,Nicole        | 0:35:47 | 5. Braun,Daniela           | 0:42:10 |
| 6. Kipping,Jana              | 0:20:02 | 56. ErbachSchuh,Angelika         | 0:28:31 | 106. Kunrath,Sylvia      | 0:36:13 | 6. Wallrich,Michelle       | 0:42:43 |
| 7. Grabovac,Laura            | 0:20:07 | 57. Schillo,Heike                | 0:28:44 | 107. Ringeisen,Tanja     | 0:36:28 | 7. Ehl,Heike               | 0:42:59 |
| 8. Ehl,Heike                 | 0:20:20 | 58. Lauer,Stephanie              | 0:28:46 | 108. Wagner,Anne         | 0:37:06 | 8. Scheidhauer,Celine      | 0:44:05 |
| 9. Kunkel,Selina             | 0:20:25 | 59. Barth,Angelique              | 0:28:49 | 109. Wagner,Gabi         | 0:37:09 | 9. Schäfer,Astrid          | 0:44:15 |
| 10. Braun,Daniela            | 0:20:55 | 60. Mildau,Nicole                | 0:28:49 | 110. Egler,Bettina       | 0:37:10 | 10. Noß,Anna               | 0:44:16 |
| 11. Schwarz,Michelle         | 0:21:15 | 61. Zimmer,Nike                  | 0:28:54 | 111. Raubuch,Tanja       | 0:37:18 | 11. Kunkel,Selina          | 0:44:44 |
| 12. Noß,Anna                 | 0:21:45 | 62. Krämer,Carmen                | 0:29:06 | 112. Linnebach,Bea       | 0:37:44 | 12. Menges-Braun,Tina      | 0:44:48 |
| 13. Martin,Jenny             | 0:21:59 | 63. Dörr,Joanna                  | 0:29:12 | 113. Jordy,Desiree       | 0:37:50 | 13. Scheuermann,Simone     | 0:44:51 |
| 14. Bär,Anneliese            | 0:22:15 | 64. Houy,Nicole                  | 0:29:12 | 114. Brehm,Vera          | 0:38:34 | 14. Lauermann,Janine       | 0:45:17 |
| 15. Menges-Braun,Tina        | 0:22:18 | 65. Helmes,Patricia              | 0:29:47 | 115. Limbach,Natascha    | 0:39:19 | 15. Schwarz,Michelle       | 0:45:25 |
| 16. Scheidhauer,Celine       | 0:22:20 | 66. Nonnweiler,Silke             | 0:29:48 | 116. Fries,Lisa          | 0:39:27 | 16. Büttner,Jasmine        | 0:46:01 |
| 17. Resch,Barbara            | 0:22:29 | 67. Guthörl,Sandra               | 0:29:54 | 117. Scheidt,Mechthild   | 0:39:30 | 17. Ehr,Sabrina            | 0:46:02 |
| 18. Kühn,Sarah               | 0:22:35 | 68. Flormann,Elke                | 0:30:05 | 118. Schikorski,Susanne  | 0:40:09 | 18. Groß,Katrin            | 0:46:18 |
| 19. Wallrich,Michelle        | 0:22:42 | 69. Schmidt,Sandra               | 0:30:12 | 119. Mohr,Antonia        | 0:40:55 | 19. Martin,Jenny           | 0:46:24 |
| 20. Ehr,Sabrina              | 0:22:50 | 70. Schmitt,Wiebke               | 0:30:16 | 120. Guthörl,Melanie     | 0:41:42 | 20. Mechenbier,Stefanie    | 0:46:28 |
| 21. Alt,Katrin               | 0:23:24 | 71. Krass,Christiane             | 0:30:24 | 121. Kaup,Andrea         | 0:41:43 | 21. Klein,Janina           | 0:46:35 |
| 22. Groß,Katrin              | 0:23:27 | 72. Scheidt,Kerstin              | 0:30:42 | 122. Becker,Anna         | 0:42:22 | 22. Rodner,Birgit          | 0:46:38 |
| 23. Scheuermann,Simone       | 0:23:29 | 73. Busch,Louisa                 | 0:30:50 | 123. Becker,Nicole2      | 0:42:37 | 23. Straß,Melanie          | 0:46:51 |
| 24. Rodner,Birgit            | 0:23:30 | 74. Dietz,Melanie                | 0:30:51 | 124. Bach,Melanie        | 0:44:30 | 24. Bär,Anneliese          | 0:46:56 |
| 25. Rothenbusch,Marlene      | 0:23:35 | 75. Groß,Jennifer                | 0:30:51 | 125. Andler,Julia        | 0:46:56 | 25. Resch,Barbara          | 0:47:03 |
| 26. Sträßer,Lisa             | 0:23:35 | 76. Dörr,Sophie                  | 0:31:00 | 126. Klein,Tina          | 0:47:06 | 26. Rothenbusch,Marlene    | 0:47:10 |
| 27. Busche,Sandra            | 0:23:42 | 77. Schmidt,Katrin               | 0:31:01 | 127. Erberich,Nicol      | 0:47:11 | 27. Grewenig-Czarny,Simone | 0:47:27 |
| 28. Faber,Michelle           | 0:24:28 | 78. Saar,Susanne                 | 0:31:13 | 128. Fries,Kornelia      | 0:48:52 | 28. Busche,Sandra          | 0:47:33 |
| 29. Köbrich,Nicole           | 0:24:31 | 79. Müller,Margit                | 0:31:16 | 129. Hinterweller,Hannah | 0:49:02 | 29. Kipping,Jana           | 0:47:33 |
| 30. Gehlen,Birgit            | 0:24:32 | 80. Maaßen,Andrea                | 0:31:45 | 130. Lehnert,Sarah       | 0:49:45 | 30. Jung,Gabriele          | 0:48:11 |
| 31. Becker,Nicole            | 0:24:36 | 81. Schuh,Monika                 | 0:31:48 |                          |         | 31. Wagner,Ilsemuth        | 0:48:13 |
| 32. Krämer,Linda             | 0:24:46 | 82. Fries,Christiane             | 0:31:52 |                          |         | 32. Alt,Katrin             | 0:48:16 |
| 33. Fichtel,Stefanie         | 0:24:46 | 83. Mark,Beate                   | 0:31:57 |                          |         | 33. Kühn,Sarah             | 0:48:17 |
| 34. Thull,Nina               | 0:25:19 | 84. Entinger,Katrin              | 0:32:03 |                          |         | 34. Nix-Hoffmann,Eva       | 0:48:18 |
| 35. Kipping,Nicole           | 0:25:34 | 85. Klein,Isabelle               | 0:32:06 |                          |         | 35. Köbrich,Nicole         | 0:48:55 |
| 36. Helmes,Tanja             | 0:25:49 | 86. Barrois,Hannah               | 0:32:07 |                          |         | 36. Becker,Nicole          | 0:49:09 |
| 37. Idrisu,Samira            | 0:25:50 | 87. Nikolaus,Jennifer            | 0:32:34 |                          |         | 37. Eckstein,Marion        | 0:49:33 |
| 38. Springborn,Silke         | 0:25:56 | 88. Hinterweller,Sabine          | 0:32:52 |                          |         | 38. Gehlen,Birgit          | 0:49:36 |
| 39. Büttner,Jasmine          | 0:26:00 | 89. Schmitt,Susanne              | 0:32:55 |                          |         | 39. Helmes,Tanja           | 0:50:24 |
| 40. Meiser,Simone            | 0:26:03 | 90. Knapp,Carmen                 | 0:33:17 |                          |         | 40. Hassdenteufel,Cordula  | 0:50:30 |
| 41. Blaumeiser-Görgen,Marion | 0:26:16 | 91. Hemgesberg,Tanja             | 0:33:25 |                          |         | 41. Zewe,Bettina           | 0:50:32 |
| 42. Blass,Stefanie           | 0:26:24 | 92. Becker,Claudia               | 0:33:26 |                          |         | 42. Wüstner,Barbara        | 0:50:36 |
| 43. Dresen,Simone            | 0:26:27 | 93. Schuh,Svea                   | 0:33:32 |                          |         | 43. Freiermuth,Nadine      | 0:50:53 |
| 44. Spang,Christina          | 0:26:45 | 94. Hotz,Ina                     | 0:33:37 |                          |         | 44. Faber,Michelle         | 0:51:16 |
| 45. Freiermuth,Nadine        | 0:26:49 | 95. Valeske,Eva                  | 0:33:37 |                          |         | 45. Zägel,Daniela          | 0:51:27 |
| 46. Recktenwald,Karin        | 0:27:08 | 96. Bost,Maria                   | 0:33:40 |                          |         | 46. Zimmer,Dorothea        | 0:51:30 |
| 47. Rickel,Nadja             | 0:27:28 | 97. Ehwein,NainaChristin         | 0:33:47 |                          |         | 47. Fichtel,Stefanie       | 0:51:41 |
| 48. Simmet,Rebecca           | 0:27:34 | 98. Schönenberger-Trageser,Tanja | 0:33:51 |                          |         | 48. Berwian,Petra          | 0:52:25 |
| 49. Benz,Belinda             | 0:27:42 | 99. Maurer,Rita                  | 0:33:57 |                          |         | 49. Lauer,Stephanie        | 0:53:08 |
| 50. Polotzek,Melanie         | 0:27:47 | 100. Adam,Katja                  | 0:34:09 |                          |         | 50. Springborn,Silke       | 0:53:37 |



# Ewige Bestenliste - Frauen

## Halbmarathon Frauen

|                              |         |                          |         |
|------------------------------|---------|--------------------------|---------|
| 1. Rehm,Sarah                | 1:23:56 | 51. Dresen,Simone        | 2:04:26 |
| 2. Thon,Conny                | 1:24:25 | 52. Kipping,Nicole       | 2:04:31 |
| 3. Dörr,Stephanie            | 1:27:51 | 53. ErbachSchuh,Angelika | 2:05:17 |
| 4. Grabovac,Laura            | 1:27:59 | 54. Keßler,Birgit        | 2:08:07 |
| 5. Braun,Daniela             | 1:34:15 | 55. Alles,Ingrid         | 2:11:53 |
| 6. Scheidhauer,Celine        | 1:36:30 | 56. Helmes,Patricia      | 2:13:50 |
| 7. Menges-Braun,Tina         | 1:37:14 | 57. Houy,Nicole          | 2:17:12 |
| 8. Kunkel,Selina             | 1:37:39 | 58. Dietz,Melanie        | 2:17:17 |
| 9. Rausch,Katharina          | 1:39:45 | 59. Ehwein,NainaChristin | 2:17:42 |
| 10. Büttner,Jasmine          | 1:40:01 | 60. Schröder,Annika      | 2:19:04 |
| 11. Noß,Anna                 | 1:41:02 | 61. Schuh,Monika         | 2:19:33 |
| 12. Busche,Sandra            | 1:41:05 | 62. Hinterweller,Sabine  | 2:20:16 |
| 13. Rothenbusch,Marlene      | 1:41:15 | 63. Rohr,Angelina        | 2:20:47 |
| 14. Zewe,Bettina             | 1:41:29 | 64. Weimar-Ehl,Theresia  | 2:23:47 |
| 15. Nix-Hoffmann,Eva         | 1:41:53 | 65. Müller,Margit        | 2:25:07 |
| 16. Martin,Jenny             | 1:42:09 | 66. Mark,Beate           | 2:28:02 |
| 17. Bär,Anneliese            | 1:42:26 | 67. Maaßen,Andrea        | 2:30:37 |
| 18. Straß,Melanie            | 1:43:13 | 68. Broschart,Eva        | 2:30:47 |
| 19. Rodner,Birgit            | 1:43:32 | 69. Linnebach,Bea        | 2:30:48 |
| 20. Groß,Katrin              | 1:43:41 | 70. Schmitt,Susanne      | 2:40:12 |
| 21. Resch,Barbara            | 1:44:34 | 71. Becker,Claudia       | 2:42:10 |
| 22. Ehl,Heike                | 1:44:35 | 72. Flormann,Elke        | 2:42:10 |
| 23. Scheuermann,Simone       | 1:45:24 | 73. Hotz,Ina             | 2:43:03 |
| 24. Köbrich,Nicole           | 1:45:55 | 74. Raubuch,Tanja        | 2:56:31 |
| 25. Helmes,Tanja             | 1:46:28 |                          |         |
| 26. Schwarz,Michelle         | 1:47:14 |                          |         |
| 27. Blaumeiser-Görgen,Marion | 1:47:55 |                          |         |
| 28. Becker,Nicole            | 1:48:59 |                          |         |
| 29. Gehlen,Birgit            | 1:50:14 |                          |         |
| 30. Eckstein,Marion          | 1:50:49 |                          |         |
| 31. Grewenig-Czarny,Simone   | 1:51:51 |                          |         |
| 32. Fichtel,Stefanie         | 1:51:53 |                          |         |
| 33. Alt,Katrin               | 1:52:10 |                          |         |
| 34. Rickel,Nadja             | 1:52:12 |                          |         |
| 35. Hassdenteufel,Cordula    | 1:53:58 |                          |         |
| 36. Faber,Michelle           | 1:54:02 |                          |         |
| 37. Wüstner,Barbara          | 1:54:23 |                          |         |
| 38. Meiser,Christina         | 1:55:18 |                          |         |
| 39. Freiermuth,Nadine        | 1:55:24 |                          |         |
| 40. Kiefer,Kiara             | 1:56:54 |                          |         |
| 41. Zimmer,Dorothea          | 1:56:55 |                          |         |
| 42. Springborn,Silke         | 1:57:22 |                          |         |
| 43. Spang,Christina          | 1:58:01 |                          |         |
| 44. Honecker,Martina         | 1:58:03 |                          |         |
| 45. Engel,Nina               | 1:58:10 |                          |         |
| 46. Schillo,Heike            | 1:58:19 |                          |         |
| 47. Wendels,Susanne          | 1:58:56 |                          |         |
| 48. Mildau,Nicole            | 2:01:01 |                          |         |
| 49. Lauer,Stephanie          | 2:02:00 |                          |         |
| 50. Idrisu,Samira            | 2:02:33 |                          |         |

## Marathon Frauen

|                              |         |
|------------------------------|---------|
| 1. Rehm,Sarah                | 2:57:40 |
| 2. Thon,Conny                | 2:58:18 |
| 3. Dörr,Stephanie            | 3:01:23 |
| 4. Grabovac,Laura            | 3:18:40 |
| 5. Menges-Braun,Tina         | 3:23:27 |
| 6. Scheidhauer,Celine        | 3:26:42 |
| 7. Rothenbusch,Marlene       | 3:33:36 |
| 8. Ehl,Heike                 | 3:34:24 |
| 9. Straß,Melanie             | 3:35:15 |
| 10. Busche,Sandra            | 3:36:45 |
| 11. Nix-Hoffmann,Eva         | 3:40:00 |
| 12. Rodner,Birgit            | 3:43:02 |
| 13. Blaumeiser-Görgen,Marion | 3:48:10 |
| 14. Helmes,Tanja             | 3:49:41 |
| 15. Zewe,Bettina             | 3:50:57 |
| 16. Resch,Barbara            | 3:53:23 |
| 17. Gehlen,Birgit            | 3:55:27 |
| 18. Bär,Anneliese            | 3:56:31 |
| 19. Wüstner,Barbara          | 3:59:44 |
| 20. Freiermuth,Nadine        | 3:59:45 |
| 21. Berwian,Petra            | 4:00:38 |
| 22. Scheuermann,Simone       | 4:06:18 |
| 23. Hassdenteufel,Cordula    | 4:13:17 |
| 24. Springborn,Silke         | 4:13:34 |
| 25. Alt,Katrin               | 4:14:18 |
| 26. Krämer,Carmen            | 4:28:56 |
| 27. Idrisu,Samira            | 4:35:24 |
| 28. Braun,Daniela            | 4:41:13 |
| 29. ErbachSchuh,Angelika     | 4:41:54 |
| 30. Keßler,Birgit            | 4:49:03 |
| 31. Nonnweiler,Silke         | 5:01:54 |
| 32. Hinterweller,Sabine      | 5:15:36 |
| 33. Ehwein,NainaChristin     | 5:49:56 |
| 34. Rohr,Angelina            | 6:00:54 |





# Ewige Bestenliste - Frauen

| 50km Frauen            |         | 100km Frauen     |          | 6 Stundenlauf Frauen    |      | 12 Stundenlauf Frauen        |      | 24 Stundenlauf Frauen   |       |
|------------------------|---------|------------------|----------|-------------------------|------|------------------------------|------|-------------------------|-------|
| 1. Dörr,Stephanie      | 4:23:51 | 1. Straß,Melanie | 10:51:42 | 1. Dörr,Stephanie       | 61,9 | 1. Straß,Melanie             | 96,5 | 1. Straß,Melanie        | 191,7 |
| 2. Busche,Sandra       | 4:27:09 |                  |          | 2. Freiermuth,Nadine    | 56,2 | 2. Busche,Sandra             | 93,6 | 2. Nonnweiler,Silke     | 133,2 |
| 3. Rothenbusch,Marlene | 4:56:24 |                  |          | 3. Busche,Sandra        | 55,9 | 3. Freiermuth,Nadine         | 93,2 | 3. Freiermuth,Nadine    | 132,8 |
| 4. Straß,Melanie       | 5:08:56 |                  |          | 4. Becker,Nicole        | 50,8 | 4. Blass,Stefanie            | 50,8 | 4. Ehwein,NainaChristin | 111,6 |
| 5. Freiermuth,Nadine   | 5:32:31 |                  |          | 5. Rothenbusch,Marlene  | 48,5 | 5. Krämer,Carmen             | 46,0 | 5. Houy,Nicole          | 79,4  |
|                        |         |                  |          | 6. Lauer,Stephanie      | 43,0 | 6. Rothenbusch,Marlene       | 46,0 | 6. Biesel,AnnaLena      | 72,3  |
|                        |         |                  |          | 7. Ehwein,NainaChristin | 43,0 | 7. Scheidhauer,Celine        | 45,2 | 7. Busche,Sandra        | 52,2  |
|                        |         |                  |          | 8. Straß,Melanie        | 42,6 | 8. Lauer,Stephanie           | 44,4 | 8. Menges-Braun,Tina    | 36,0  |
|                        |         |                  |          | 9. Fichtel,Stefanie     | 42,4 | 9. Alt,Katrin                | 33,2 | 9. Kohler,Heike         | 32,4  |
|                        |         |                  |          | 10. Houy,Nicole         | 37,4 | 10. Martin,Jenny             | 30,4 | 10. Springborn,Silke    | 28,8  |
|                        |         |                  |          | 11. Mildau,Nicole       | 31,9 | 11. Groß,Katrin              | 30,4 | 11. Kaup,Sophie         | 27,0  |
|                        |         |                  |          | 12. Springborn,Silke    | 30,0 | 12. Gehlen,Birgit            | 30,4 | 12. Rothenbusch,Marlene | 27,0  |
|                        |         |                  |          | 13. Polotzek,Melanie    | 26,0 | 13. Braun,Daniela            | 30,4 | 13. Dresen,Simone       | 21,6  |
|                        |         |                  |          | 14. Gehlen,Birgit       | 26,0 | 14. Springborn,Silke         | 28,0 | 14. Becker,Claudia      | 21,6  |
|                        |         |                  |          | 15. Schmitt,Susanne     | 24,7 | 15. Dörr,Stephanie           | 27,4 | 15. Helmes,Tanja        | 21,6  |
|                        |         |                  |          | 16. Rohr,Angelina       | 24,0 | 16. Houy,Nicole              | 25,2 | 16. Rickel,Nadja        | 21,6  |
|                        |         |                  |          | 17. Scheidhauer,Celine  | 22,8 | 17. Dresen,Simone            | 22,0 | 17. Rodner,Birgit       | 21,6  |
|                        |         |                  |          | 18. Müller,Margit       | 22,5 | 18. Groß,Valerie             | 21,6 | 18. Flormann,Elke       | 21,0  |
|                        |         |                  |          | 19. Schuh,Monika        | 22,5 | 19. Groß,Klara               | 21,2 | 19. Entinger,Katrin     | 19,9  |
|                        |         |                  |          | 20. Groß,Katrin         | 20,6 | 20. Müller,Margit            | 20,0 | 20. Becker,Nicole       | 19,8  |
|                        |         |                  |          | 21. Braun,Daniela       | 20,6 | 21. Becker,Nicole            | 20,0 | 21. Schwarz,Michelle    | 18,0  |
|                        |         |                  |          | 22. Becker,Claudia      | 18,5 | 22. Schuh,Monika             | 20,0 | 22. Faber,Michelle      | 16,2  |
|                        |         |                  |          | 23. Entinger,Katrin     | 15,6 | 23. Blaumeiser-Görgen,Marion | 16,4 | 23. Raubuch,Tanja       | 16,2  |
|                        |         |                  |          |                         |      | 24. Entinger,Katrin          | 16,0 | 24. Kaup,Andrea         | 12,6  |
|                        |         |                  |          |                         |      | 25. Faber,Michelle           | 15,6 | 25. Becker,Nicole2      | 11,0  |
|                        |         |                  |          |                         |      | 26. Jordy,Desiree            | 12,0 | 26. Dörr,Stephanie      | 10,8  |
|                        |         |                  |          |                         |      |                              |      | 27. Ringeisen,Tanja     | 10,8  |
|                        |         |                  |          |                         |      |                              |      | 28. Riehm,Anna          | 9,0   |
|                        |         |                  |          |                         |      |                              |      | 29. Benz,Belinda        | 9,0   |
|                        |         |                  |          |                         |      |                              |      | 30. Becker,Anna         | 7,2   |
|                        |         |                  |          |                         |      |                              |      | 31. Scheidhauer,Nele    | 5,4   |
|                        |         |                  |          |                         |      |                              |      | 32. Scheidhauer,Celine  | 5,4   |

